

Week 3 Practice Assignment

1. If you have not already done so, bring your **rental violin** to Mrs. Niles to leave at school so that she can get it ready to play. (They need finger tapes, bow tapes, a sponge and rosin.) This is a very time-consuming task for Mrs. Niles, so the sooner you bring your violin to school the better.

If you plan to use a **school violin**, your form must be in by the next lesson, or preferably before, as I will be assigning the instruments to children. If you have lost the form, then write a note to Mrs. Niles, ASAP! Include your child's name. **Bring egg carton violin back to school for all violin classes!**

2. Review: the **Rest Position Song**, clapping **Rhythms** (refer to last week's assignment if needed)
3. Practice the **Numbers Game**:
Stand in Rest Position.
 - "Get ready!" Open toes so feet form a "V" (or "smile"). Put violin hand (left hand) on shoulder of the violin.
 - "ONE!" Move left foot to the side, hold the violin out over left foot at shoulder height, turn head and look at violin.
 - "TWO!" hold violin upside down (rotating FORWARD, not backward!) Keep looking at violin.
 - "THREE!" Point violin toward throat.
 - "FOUR!" Place violin UP and on shoulder.
 - "FIVE!" Place violin hand on right shoulder.
4. Practice Pencil Bow Hold. (See handout) Make a perfect bow hold 10,000 times. ;) Okay, lots and lots of times! Hold pencil, in bow hold, straight up and down and sing:

The Noble Duke of York (tune: Farmer in the Dell)
The noble Duke of York,
He had ten-thousand men,
He marched them UP the hill,
And marched them DOWN again,
And when you're UP you're UP,
And when you're DOWN you're DOWN,
And when you're IN BETWEEN,
You're neither UP nor DOWN!

5. Fill in practice chart! **Bring your egg carton violin and folder to every class!**