

# First Grade Violin Week 2

## .....VIOLIN NOTES.....

I'm happy to report that, with violins bought, rented, and school violins, every child in the first-grade program will have a violin! A big thanks to Emily Baird, Iggy Dowell's mom, for driving me down to El Monte and helping me lug back 36 violins to the school. Thanks also to the Switallas for donating paint sticks for our egg-carton violins.

## .....PRACTICE ASSIGNMENT.....

1. **Review:** the **Rest Position Song**, clapping **Rhythms** (refer to last week's assignment if needed), and **This is the Scroll**. Some parents requested the rhythms again, written out:

Mrs. Twinkle Stop-Stop

Twinkle, SHH! Pop

Zip Twinkle, Zap Twinkle

Twinkle Little Baby Brother

Grandpa, Grandpa, Grandpa SLOW

2. Practice the **Numbers Game**. Start in Rest Position:

- "Get ready!" Open toes so feet form a "V" (or "smile"). Put violin hand (left hand) on shoulder of the violin.
- "ONE!" Move left foot to the side, hold the violin out over left foot at shoulder height, turn head and look at violin.
- "TWO!" hold violin upside down (rotating FORWARD, not backward!) Keep looking at violin.
- "THREE!" Point violin toward throat.
- "FOUR!" Place violin UP and on shoulder.
- "FIVE!" Place violin hand on right shoulder.

3. Some notes about holding the violin on the shoulder:

It goes on the left shoulder

The scroll should not droop! (no "violin beards!")

The violin is held with the weight of the head, not held up by the left hand

The violin should be flat

4. Fill in practice chart! **Bring your egg carton violin to every class, and folder on the day marked on your folder!**