

# Detailed Outline Notes Template For Violin Lessons

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## I. Warm-Ups

### A. Bow Games/Right Hand Exercises

#### 1. Name Of Exercise/Game

- how to do it
- what it's for
- how many repetitions
- how fast or slow to do it
- where to feel it in the body (fingers/elbow/arm/back, etc)
- posture reminders (i.e. soft thumb, curvy pinky, etc)

### B. Violin Hand Exercises/Games

- how to do it
- what it's for
- what part of the body is moving
- how slow or fast to do it
- how many repetitions
- finger numbers/note names if it involves playing pitches
- posture reminders (i.e. how the violin is placed, curvy fingers, etc)

## II. Scales & Arpeggios

### A. A New Scale or Arpeggio Pattern - Name of Scale, Specify Major/Minor, etc

1. Focus: Why are you learning this scale? Is it to learn a new finger pattern, to improve intonation, tone, speed?
2. How to practice it
  - What strategies is your teacher giving you for how to do this?
  - What rhythm, bowing, amount of bow, bow stroke? Vibrato? How fast? What speed on the metronome?
  - How many octaves? Are you doing it in arpeggios?
3. What are you listening/feeling/looking for as you practice the scale and/or arpeggio?

### B. Multiple Scales In Different Keys

#### 1. Audition Scales

- which keys are the easiest? Which are the hardest?
- what are the audition requirements (tempo, bowing, format, etc)?
- how many scales per day? How will you rotate?

## 2. Regular Scale Rotation

- What is the focus?
- How many keys per day /in the week?

### III. Etudes

#### A. Name of Etude Book/Composer, # of Etude

- how much to learn (2 lines? Half the etude? All of it?)
- technical focus(es) of the etude
- Specific strategies for learning and practicing it
- Places to pay particular attention to
- What is your starting /practice temp? What is your goal tempo?

### IV. Working/In Progress Piece

#### A. Building Technical Skills

- any technique work your teacher assigns to help you with a specific skill in the piece - playing a scale using a bow pattern /rhythm from the piece, etc.

#### B. Learning New Sections

1. Starting measure - Ending measure (list the specific place, with rehearsal letters or measure numbers)
  - What am I listening for?
  - What will it feel or look like in my body?
  - What tips or strategies has my teacher suggested?
  - Are there any fingerings I need to be aware of?
  - How will I use my bow?
  - For this week, what are the goals of this section?

2. Repeat the process for each section assigned

#### C. Refining Sections

1. Starting measure - ending measure (list the specific place, with rehearsal letters or measure numbers)
  - Do I need to correct a pitch or rhythm error?
  - What am I focused on improving this week?
  - What details am I listening for?
  - Am I working on increasing the tempo? What is my current tempo? What is my goal tempo? What strategies will I use?

## **V. Polishing/Preparing-For-Performance Piece**

### **A. Refining Details**

- What details do I want to be aware of this week?
- What am I listening for and noticing as I play?
- What specific things does my teacher want to hear and see next week?

### **B. Run - Throughs**

- What am I listening /looking /feeling for?
- What tempo?
- Are there any places where I tend to stop? How can I practice those for a fluent performance?

### **C. Practice Performances**

- how am I simulating performance or audition conditions effectively?

### **D. How long until the performance and what else needs to be improved before then?**

## **VI. Brand-New Piece**

### **A. Preparation Work**

- how does my teacher want me to prepare to learn this piece?
- Listening to recordings? Marking phrases or noticing dynamics? Practicing a scale in the key of the piece?

### **B. Information from Teacher**

- Is my teacher sharing any information about the composer, the time period, the style, or a story about this piece?

### **C. How To Start Learning**

- What to practice
- How to practice it
- Listening to recordings - which ones, and how often?

## **VII. Reminders/Organization Stuff**

### **A. Forms to Submit**

### **B. Ordering new materials or calling a violin shop to have repairs done**

### **C. Paying tuition or recital fees**

### **D. Scheduling rehearsals with collaborative pianists or chamber partners**

## **End-of-Lesson-Reflection Questions:**

- What new ideas and materials did I learn today?
- What did my teacher remind me about? What can I do to integrate those ideas so that I don't need to be reminded in the future?
- What am I excited about learning?
- What new practice strategies did I learn?
- What will I practice by myself, and what will I need help from my practice parent on?
- On days when I am busy and have to do a short practice session, what will I prioritize?
- How do I feel about my lesson?